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Talking with
the Doctor About
Vaccinations

Mallika Chopra on
**Conscious
Parenting**

**8 Secrets
Every Parent
Should Know**

Top New Trends in
Baby Showers

Infant sign language instructor Etel Leit taught 40 women and their children basic signs at a recent shower for a Brentwood mom-to-be. "She didn't want the ordinary thing," says Leit. "She wanted it to be fun and educational, something people would remember. It was really different."

After mastering the signs for "milk," "more" and "Mommy," the group sang nursery rhymes with the gestures they had

learned and played sign language games. Guests took home sign language books and DVDs, along with valuable lessons to share with their children.

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